

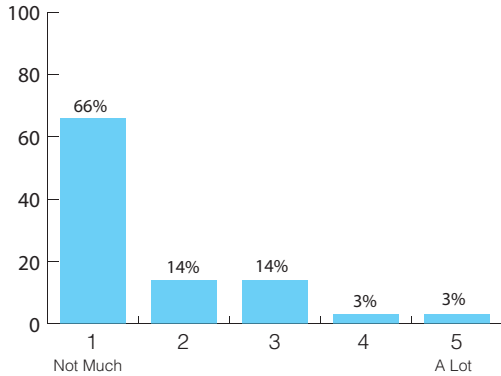


# Pre/Post Course Questionnaire Results

'Busy Feet' Explorers - 'Evidence of Effectiveness' - Number of completed forms received: 29

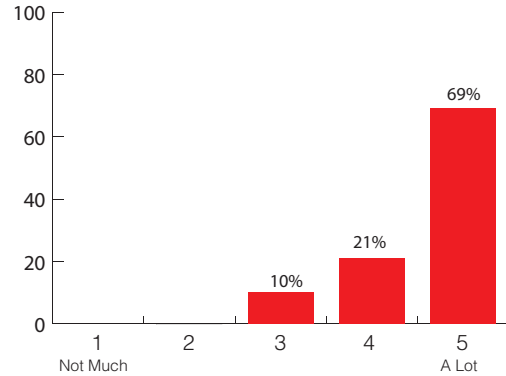
## Pre Course Questionnaire Results

1. How much do you know about Physical Literacy?



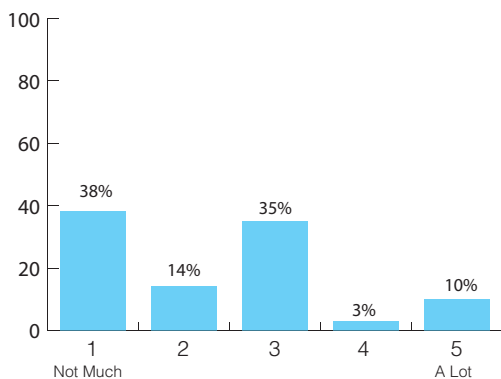
## Post Course Questionnaire Results

1. How much do you now know about Physical Literacy?



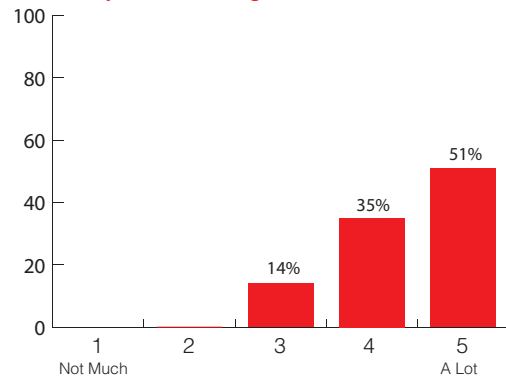
## Pre Course Questionnaire Results

2. How much do you know about the National Guidelines around Physical Activity for children aged 5 and under?



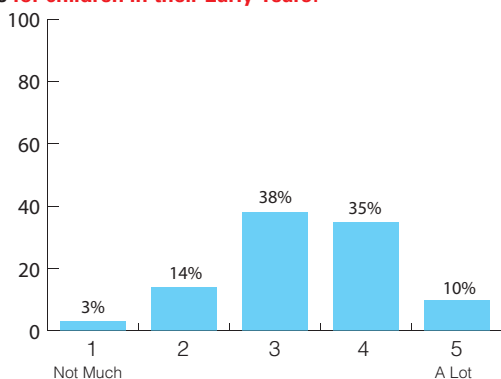
## Post Course Questionnaire Results

2. How much do you now know about the National Guidelines around Physical Activity for children aged 5 and under?



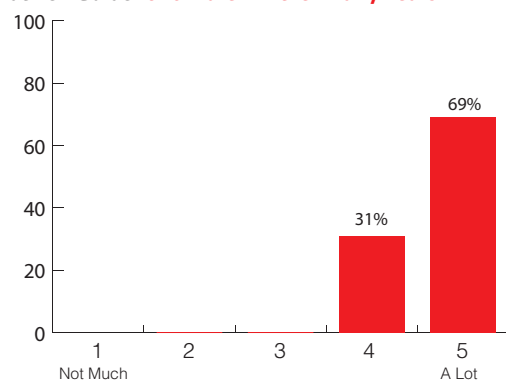
## Pre Course Questionnaire Results

3. How much do you know about Healthy Eating and The Eatwell Guide for children in their Early Years?



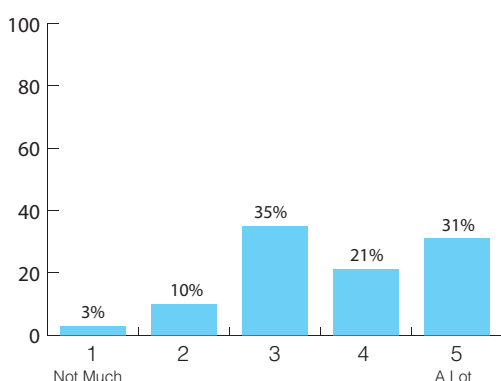
## Post Course Questionnaire Results

3. How much do you now know about Healthy Eating and The Eatwell Guide for children in their Early Years?



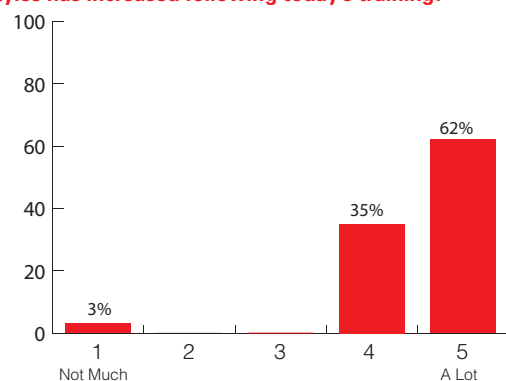
## Pre Course Questionnaire Results

4. How would you rate your level of experience in engaging children in healthy, active lifestyles?



## Post Course Questionnaire Results

4. Do you feel your level of experience to engage children in healthy, active lifestyles has increased following today's training?



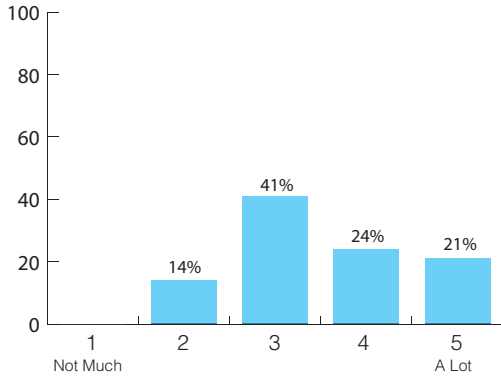


# Pre/Post Course Questionnaire Results

'Busy Feet' Explorers - 'Evidence of Effectiveness' - Number of completed forms received: 29

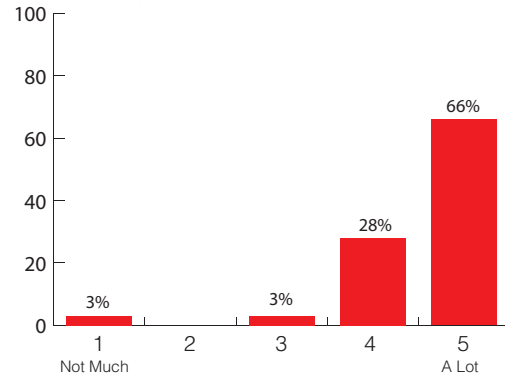
## Pre Course Questionnaire Results

5. What confidence do you have in engaging children in healthy, active lifestyles?



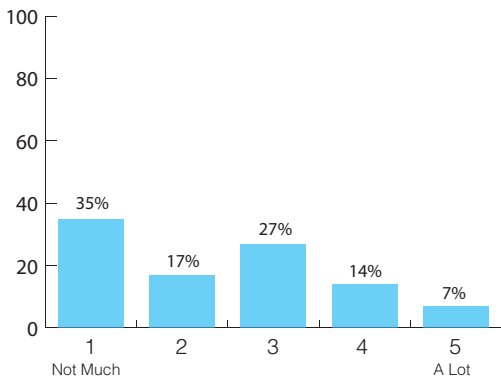
## Post Course Questionnaire Results

5. Has your confidence to engage children in healthy, active lifestyles increased following today's training?



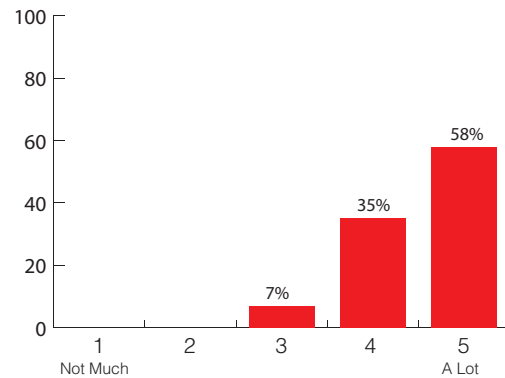
## Pre Course Questionnaire Results

6. How much do you currently know about 'Busy Feet' Explorers?



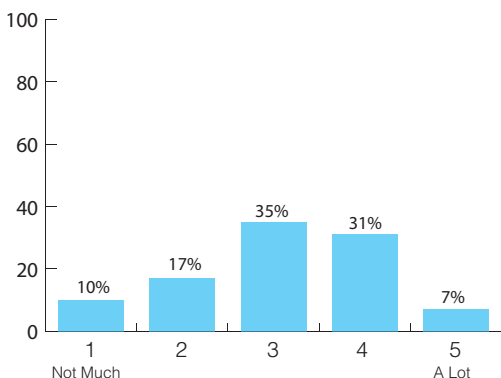
## Post Course Questionnaire Results

6. How much do you now know about 'Busy Feet' Explorers?



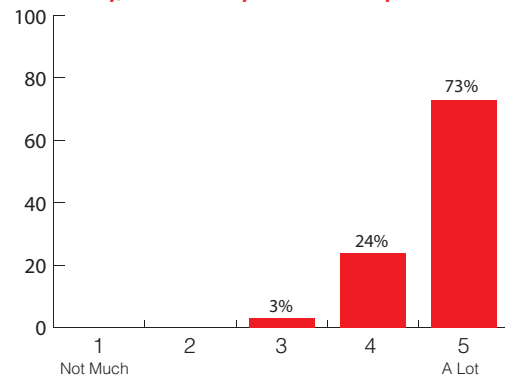
## Pre Course Questionnaire Results

7. What level of supporting resources do you feel you can access to promote healthy, active lifestyles in the Early Years?



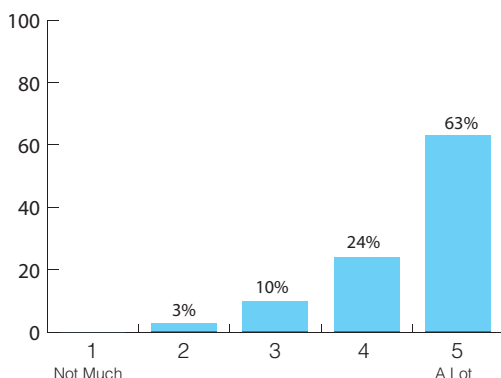
## Post Course Questionnaire Results

7. How useful do you think 'Busy Feet' Explorers will be to help you promote healthy, active lifestyles in the Early Years?



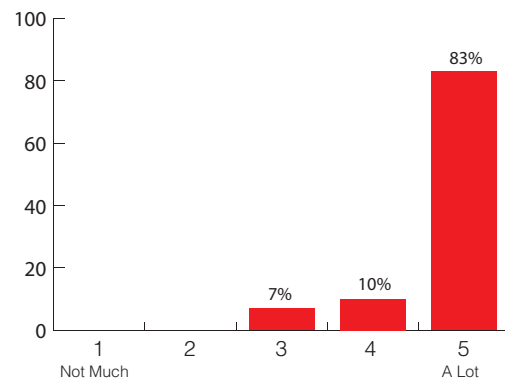
## Pre Course Questionnaire Results

8. How much are you looking forward to this training event?



## Post Course Questionnaire Results

8. How much have you enjoyed this training event?





# Pre/Post Course Questionnaire Results

**'Busy Feet' Explorers - 'Evidence of Effectiveness' - Number of completed forms received: 29**

Please record any other comments you would like to share. Comments included:

*"Very active, fun and engaging. A very helpful session to understand the importance of exercise and stay healthy"*

*"Great fun, loved the movements. We use 'Busy Feet' every day"*

*"The toolkit is very good. Amazing resources. Very useful, I learnt a lot. Thanks"*

*"I am so happy with this course"*

*"Please can we have all the resources?"*

*"I did enjoy this training session and I will encourage children to do more physical activities in my setting"*

*"Very interactive, fun and engaging"*

*"To share knowledge with other members of staff and organise activities learnt today"*

*"I believe the total toolkit will really benefit our setting"*

*"I have the original pack. The updated toolkit would be good"*

*"Great session. Very useful and active, definitely recommend"*

*"I enjoy 'Busy Feet' training. This is the second time I took this course"*

*"I feel healthier after doing this course"*

*"The course was full of ideas. Easy to understand and share with my colleagues"*

*"Busy Feet is a very useful tool to help the children to become active in my home base setting"*

*"It's really engaging, educational and fun. Vicky is amazing!"*

*"We would benefit from the full pack"*

*"Loved the catchy songs. Enjoyed the movements and words. Children will learn new words and movement"*



**Awarded National Accreditation**  
Organisation / Resources  
Direct Delivery with supporting Resources

**2016-2019**

**Professional Development Board**  
for Physical Education

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