

Pre/Post Course Results

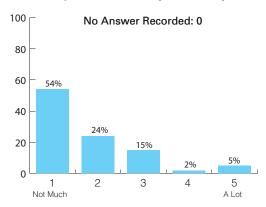




'Busy Feet' Explorers - 'Evidence of Effectiveness' - Number of completed forms received: 54

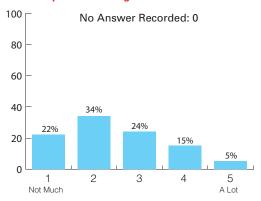
Pre Course Questionnaire Results

1. How much do you know about Physical Literacy?



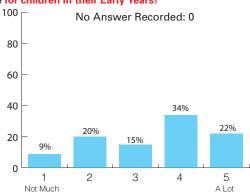
Pre Course Questionnaire Results

2. How much do you know about the National Guidelines around Physical Activity for children aged 5 and under?



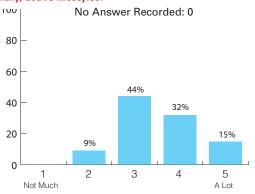
Pre Course Questionnaire Results

3. How much do you know about Healthy Eating and The Eatwell Guide for children in their Early Years?



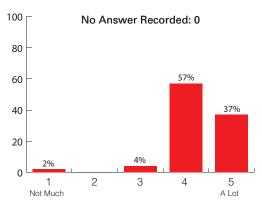
Pre Course Questionnaire Results

4. How would you rate your level of experience in engaging children in healthy, active lifestyles?



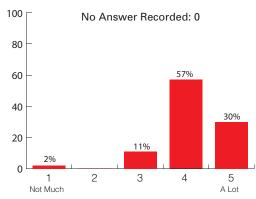
Post Course Questionnaire Results

1. How much do you now know about Physical Literacy?



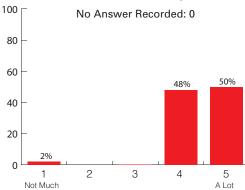
Post Course Questionnaire Results

2. How much do you now know about the National Guidelines around Physical Activity for children aged 5 and under?



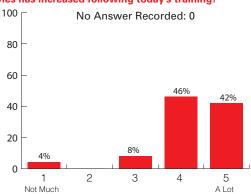
Post Course Questionnaire Results

3. How much do you now know about Healthy Eating and The Eatwell Guide for children in their Early Years?



Post Course Questionnaire Results

4. Do you feel your level of experience to engage children in healthy, active lifestyles has increased following today's training?





Pre/Post Course Results

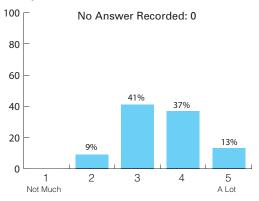




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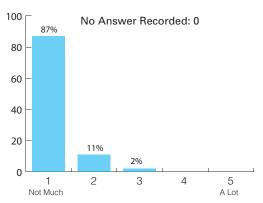
Pre Course Questionnaire Results

5. What confidence do you have in engaging children in healthy, active lifestyles?



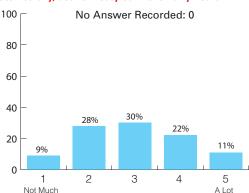
Pre Course Questionnaire Results

6. How much do you currently know about 'Busy Feet' Explorers?



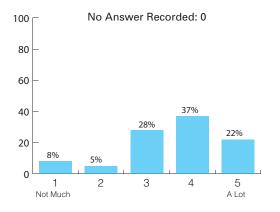
Pre Course Questionnaire Results

7. What level of supporting resources do you feel you can access to promote healthy, active lifestyles in the Early Years?



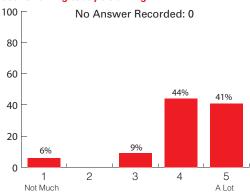
Pre Course Questionnaire Results

8. How much are you looking forward to this training event?



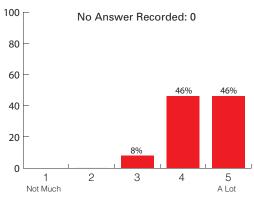
Post Course Questionnaire Results

5. Has your confidence to engage children in healthy, active lifestyles increased following today's training?



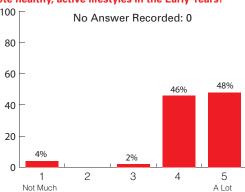
Post Course Questionnaire Results

6. How much do you now know about 'Busy Feet' Explorers?



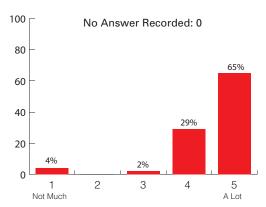
Post Course Questionnaire Results

7. How useful do you think 'Busy Feet' Explorers will be to help you promote healthy, active lifestyles in the Early Years?



Post Course Questionnaire Results

8. How much have you enjoyed this training event?





Post Course Comments



Write briefly any other comments / information you would like to share.

- "Fun and interactive session for learners. Great songs, catchy for children and families."
- "Engaging with unique activities and songs for all those who are all abilities."
- "Enjoyed the training, was a lot of fun and all my children will enjoy it."
- "I feel it's important to use soon. And looking at doing a new outreach session. This would be a good time to incorporate a new activity."
- "Excellent training. Brilliant resources in toolkit, loved the music and being able to participate. Really looking forward to incorporating this in our setting. Thank you!"
- "Thanks for a fun afternoon of training! I'm looking forward to teaching my children the dances!"
- "Really well delivered, explained, clear information, enthusiastic delivery. It was fun for us so could see how the children would enjoy it! Thank you."
- "Really enjoyed the training. I'm a mum of a 4 and 2 year old and I'm going to use the CD and resources at home as well as at work."
- "Thank you, a fun and active session that I feel would help engage our families."
- "Very enjoyable session, good resources with lots available."
- "Fantastic training, lots of great ideas I can use in school. Thank you."
- "A brilliant experience, superbly delivered! Great to learn actively. Thank you! Brilliant songs."
- "Thank you, really positive training, delivery."
- "Really good delivery."
- · "Engaging."
- "Very good, enjoyed, will be doing this with the children tomorrow."
- "The training was very good. Resources are amazing, looking forward to using these."
- "Very good interactive training."
- "Thank you so much, this will be invaluable when used in my setting."
- "All these new ideas will help me to plan my activities."



