



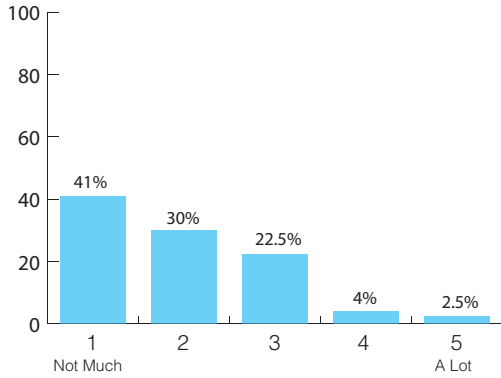
Pre/Post Course Questionnaire Results



'Busy Feet' Explorers - 'Evidence of Effectiveness' - Number of completed forms received: 80

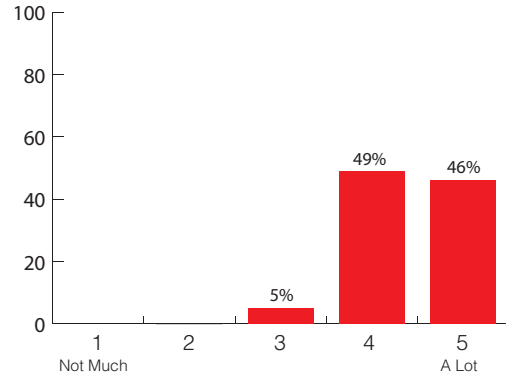
Pre Course Questionnaire Results

1. How much do you know about Physical Literacy?



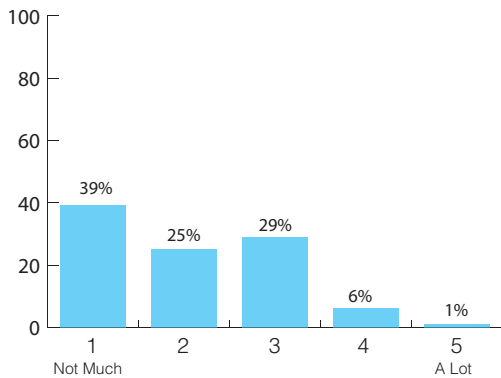
Post Course Questionnaire Results

1. How much do you now know about Physical Literacy?



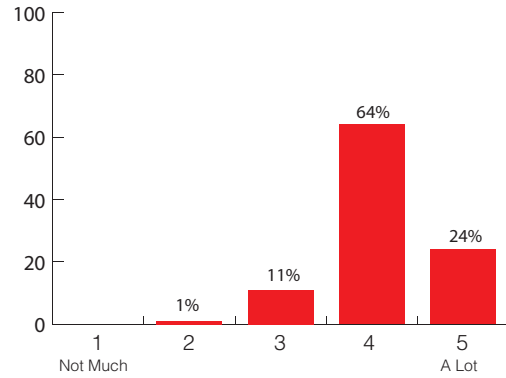
Pre Course Questionnaire Results

2. How much do you know about the National Guidelines around Physical Activity for children aged 5 and under?



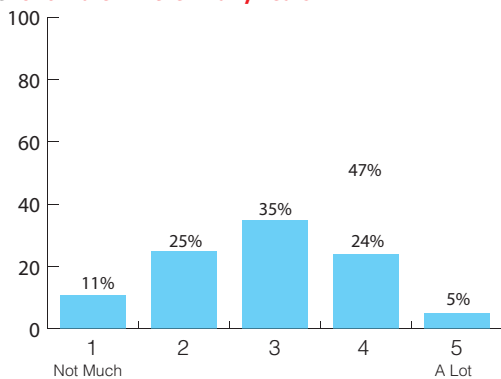
Post Course Questionnaire Results

2. How much do you now know about the National Guidelines around Physical Activity for children aged 5 and under?



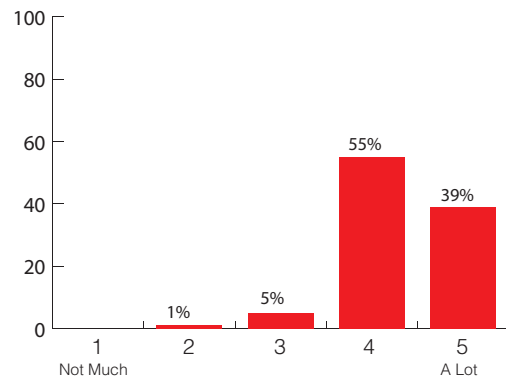
Pre Course Questionnaire Results

3. How much do you know about Healthy Eating and The Eatwell Guide for children in their Early Years?



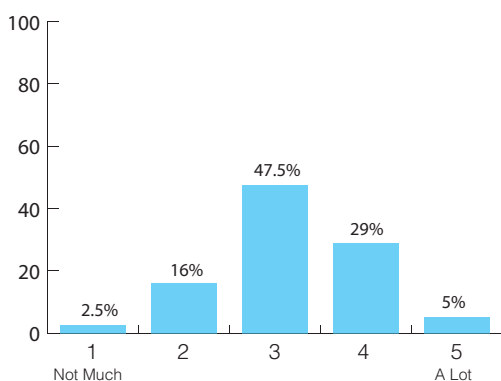
Post Course Questionnaire Results

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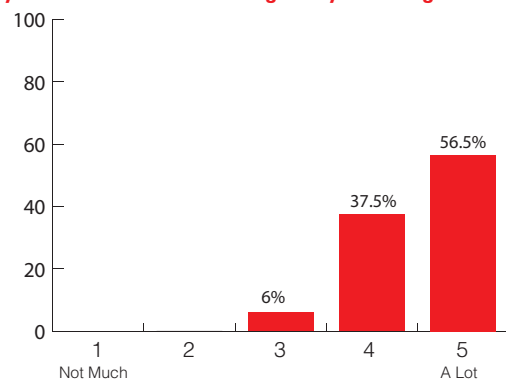
Pre Course Questionnaire Results

4. How would you rate your level of experience in engaging children in healthy, active lifestyles?



Post Course Questionnaire Results

4. Do you feel your level of experience to engage children in healthy, active lifestyles has increased following today's training?





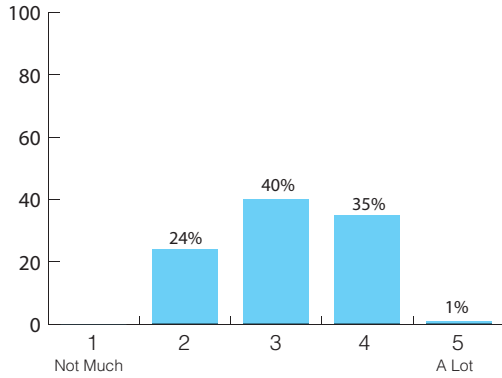
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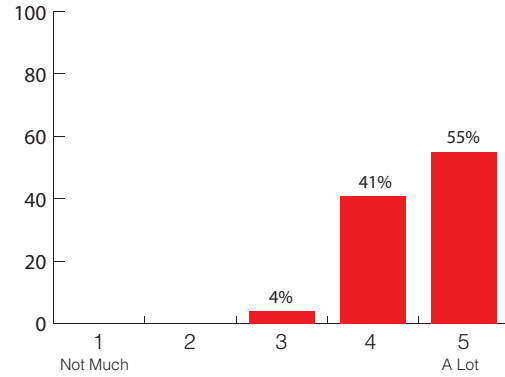
Pre Course Questionnaire Results

5. What confidence do you have in engaging children in healthy, active lifestyles?



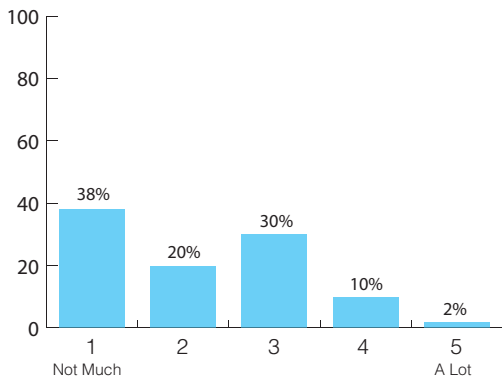
Post Course Questionnaire Results

5. Has your confidence to engage children in healthy, active lifestyles increased following today's training?



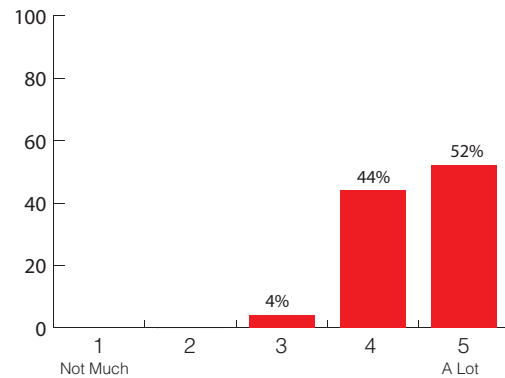
Pre Course Questionnaire Results

6. How much do you currently know about 'Busy Feet' Explorers?



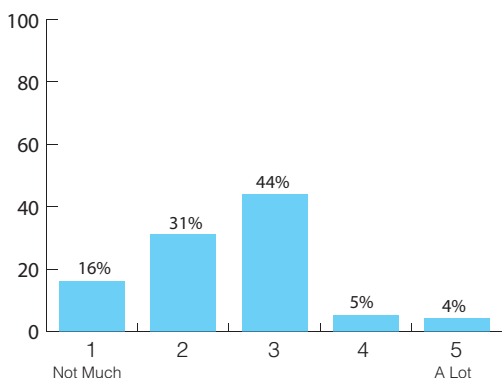
Post Course Questionnaire Results

6. How much do you now know about 'Busy Feet' Explorers?



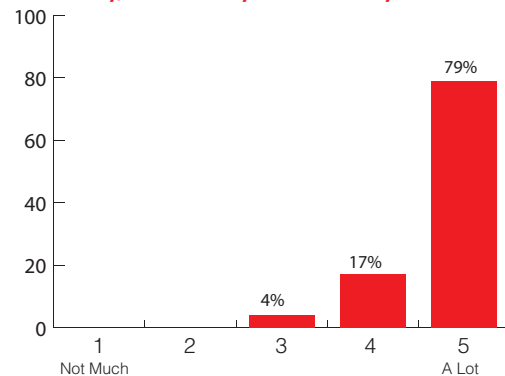
Pre Course Questionnaire Results

7. What level of supporting resources do you feel you can access to promote healthy, active lifestyles in the Early Years?



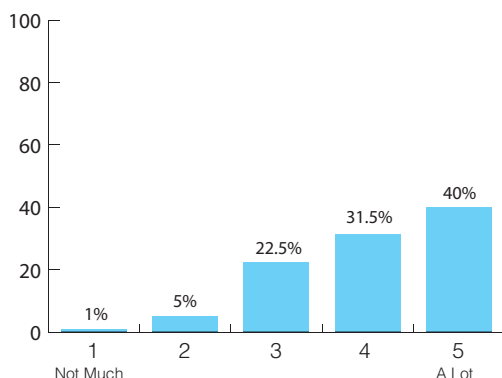
Post Course Questionnaire Results

7. How useful do you think 'Busy Feet' Explorers will be to help you promote healthy, active lifestyles in the Early Years?



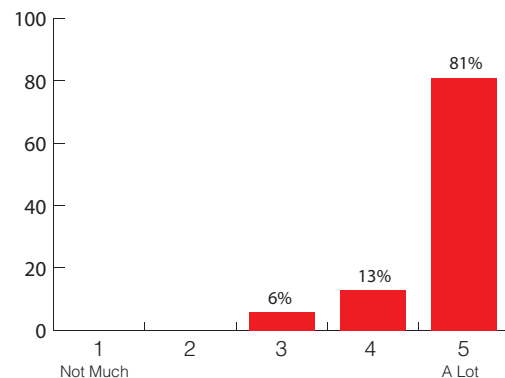
Pre Course Questionnaire Results

8. How much are you looking forward to this training event?



Post Course Questionnaire Results

8. How much have you enjoyed this training event?





Pre/Post Course Questionnaire Results



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Please record any other comments you would like to share. Comments included:

"Fantastic course"

"Love 'Busy Feet'!!"

"Really enjoyed the interactive style. Lots of laughter! Plenty of ideas to develop"

"Very enjoyable"

"Thank you for a great training session!"

"Great course! Lots of fun!"

"Brilliant delivery from Sarah"

"Very impressed with the amount of resources given with this course"

"Excellent course. I enjoyed learning new activities"

"Great session, fun and informative. Great resource pack"

"A very useful course. A lot to report back to the team and staff"

"We use physical literacy everyday. Great ideas for further development"

"Excellent resources and new ideas. Looking forward to using it at my setting"

"Loved the way the tutor got us all going in a positive way"

"Wow – this was fantastic. Can't wait to get my little ones started. I also need the exercise! Thank you so much. Vicky you are fantastic!"

"Thank you for the training. It was very informative with a hands-on approach. Lots of fun"

"Very enthusiastic trainer – Thank you Sarah!"

"Really enjoyed. Sarah makes it really fun and relaxed"

"Very interesting course, well delivered and fun"

"Great presentation. Interesting and very well delivered"

"Great fun, good presentation. Enjoyed physically joining in the sessions as you know how to do it back in setting"

"Fun, interactive and engaging session. Explained very well – fab! Thank you Sarah"

"Great fresh ideas and activities to teach our children. Thanks very much"



Awarded National Accreditation
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2016-2019
Professional Development Board
for Physical Education

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